

Viewing and Discussion Guide – Episode 3

# Jake – From Mormon Self-Sufficiency to Christ's Sufficiency

## Jake's Mormon Experience

1. How would you describe Jake's childhood, adolescence, and adult years? What aspects of Mormon doctrine/culture shaped his view of himself and God in those seasons of life?

**Childhood**

**Adolescence**

**Adult Years**

2. When did Jake first start to question Mormonism? What caused his initial doubts?

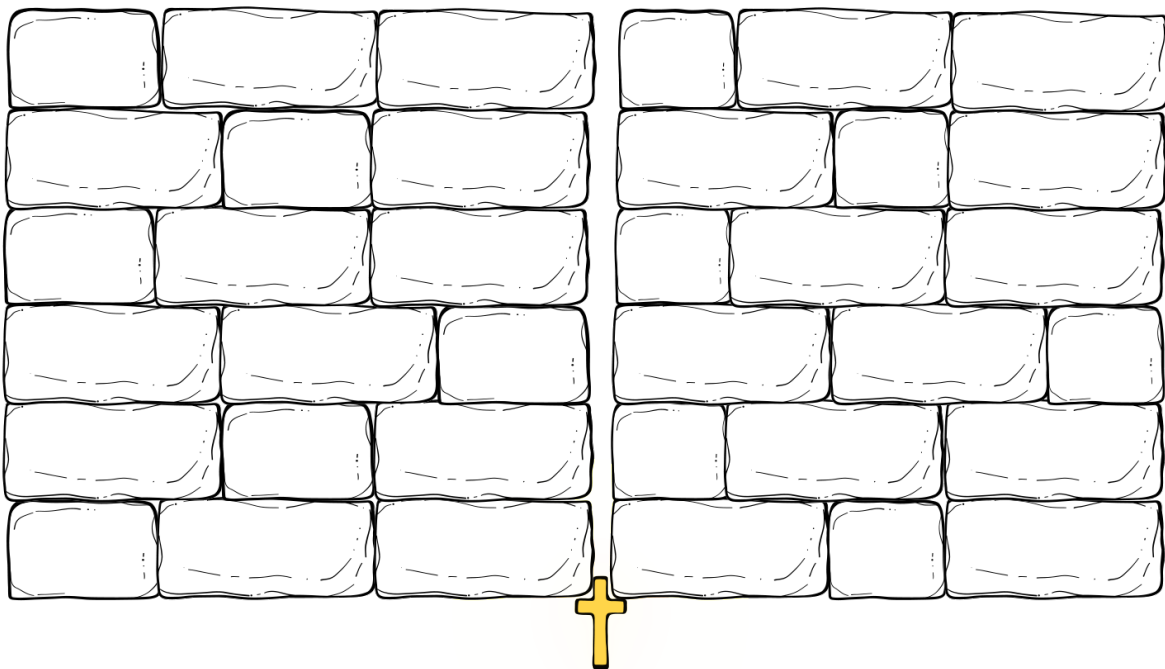
3. What were Jake's primary stress points related to Mormonism? What issues went on his "shelf"? What questions or comments do you have about Jake's shelf items?



4. What factors or influences kept Jake connected to the Mormon church and culture?
5. What was Jake's ultimate "shelf-breaking" moment? How did Jake respond when his shelf collapsed?

### **Finding Truth in the Bible and Confidence in Christ**

6. What Bible passages or stories opened Jake's eyes to see the truth? Why were they so impactful?
7. What biblical truths provided "rest points" or faith "foundation blocks" for Jake?



8. How did Jake's view of himself and God change over time? What did he learn about his sinfulness and God's grace?
  
  
  
  
  
  
  
  
  
  
9. Based on his story, how do you think Jake would answer the question: "What does the phrase 'Jesus is enough' mean for you?"

#### **Biblical Christian Interactions and Influences**

10. What role did Christians play in Jake's faith journey? What lessons can we learn from those Christian interactions—both positively and negatively?
  
  
  
  
  
  
  
  
  
  
11. How did **Christian resources and content** such as images, music, books, or podcasts play a role in Jake's faith journey? What lessons can we learn from how God used those in his story?

### Applying

12. What Mormon **doctrines and practices** brought up in Jake's story were most confusing to you? What questions or comments do you have about those?
13. What **themes** in Jake's story stood out to you most? How could you address those themes in a conversation with a Mormon friend or family member?
14. What **similarities/differences** did you see between Jake's story and others in this series? What do you make of those similarities and differences?
15. Which of Jake's **experiences** could you relate to most? Why?
16. Which of Jake's "**shelf items**" do you think would be impactful to place on other Mormon shelves? How could you bring those up in conversation and use them to provide a rest point?
17. What **key takeaway(s)** for witnessing do you want to remember from Jake's story?